



東華三院甲寅年總理中學
TWGHs Kap Yan Directors' College



EXPLORER

探索



跨越疆界的成長：

在世界的課堂裡尋找答案



當您翻開這本《探索》時，我們正帶着世界的芬芳重返甲寅的校園。這一年，「環球教室」的足跡再次延伸，從歐亞大地到大灣區城市，知識在交流與文化的土壤中萌芽成長。

從山西的黃土高原到澳門的世界遺產，從廣州的創新基地到韶關的鄉土小巷，我們的學生一步一印，探索天地萬象。地理與中史的山西考察中，他們在時間與地貌的交織裡，讀懂歷史的厚度；大灣區職涯探索計劃，為他們打開了看見未來的窗；中二學生參與的「同根同心」廣州之旅，則讓大家在嶺南建築的細節中體會中華文化的溫度與底蘊。

在雲南，同學透過少數民族的文化眼光，感受「各美其美，美美與共」的和諧之美；在北京，他們用筆尖書寫當代中國的故事；在江西南昌的全國作文比賽中，他們以文字對話時代，展現青年人的思考與夢想。尤其在「多彩貴州」創新科技之旅裡，同學們在山水之間見證了中國數據科技與生態保護的並進。而寧夏的沙漠綠化工程，讓他們深刻體會到「綠水青山就是金山銀山」的真義——可持續發展正是在行動中成就的信念。

而當視野放眼世界，我們的故事更顯動人。每一年，學校帶領同學走出香港，踏上世界各地的課堂。去年，我與學生走進芬蘭，走訪中學與大學，與當地師生對話交流，讓學生重新思考「學習的本質」是什麼。還記得在雪白的芬蘭夜裡，大家圍坐分享旅途故事，在寧靜的雪地上留下笑聲與思索。那一刻，同學們在發現自我與世界的旅程中閃光。

英國劍橋的學術殿堂、芬蘭的教育奇蹟、蘇格蘭的歷史悠長，馬來西亞檳城的多元文化、新加坡合唱節的藝術盛宴——每一站都是成長的篇章，每一次出發都是人生的寶貴學習。這，就是「環球教室」的真義：讓世界成為課堂，讓學習因經歷而更有生命力。

更值得欣喜的是，老師們亦在這條探索之路上不斷成長。從廣州博萃德學校的交流、暨南大學的國情教育培訓，讓教育者同樣在探索中進步，教師們汲取新知、擴展眼界，與學生一同實踐「教與學相長」的教育精神。

「環球教室，拓寬視野」不只是口號，而是我們共同的教育信念。願這些跨越疆界的學習經驗，化作孩子們一生的珍貴養分；願他們以開放的胸懷擁抱世界、以明辨的思維對話文化、以創新的精神迎向未來。

期待這本《探索》能成為每位學生啟程的起點，讓他們在世界這本大書中，寫下屬於自己的精彩篇章。

fly

dream

邱春燕校長



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山西

五天世界文化遺產(中央及地理科)

能源及保育探索之旅

中五六選修地理、中史的同學一同欣賞山西的文化古蹟，體會國家深厚的文化底蘊，認識開發煤礦資源對氣候、環境、生態、能源等帶來的挑戰，以及認識新能源的發展與應用，了解國家在文物及環境保育的工作和進展，維護文化及資源安全的必要性。



我們出發了!



甲寅人都是追夢人!



大雨無阻師生參觀熱情



同學們專心聆聽導遊講解



6C 王昕組

雁門關位於山西省忻州市代縣，是中國古代長城上的重要關隘，素有「天下九塞，雁門為首」之稱。山西省政府與高校、研究機構合作，開展雁門關歷史考古與文化遺產研究，出版相關著作並舉辦學術論壇。此外，通過紀錄片、社交媒體等渠道推廣雁門關文化，如央視《長城之歌》節目的拍攝，增強了公眾的文化認同感、意識到文物保育的重要性，從而鼓勵、帶動公眾參與保育文物的工作中。現在雁門關「邊塞文化」內涵被提煉為民族從對抗到融合的縮影，呼應多元一體的中華文明脈絡。



6D 龍璋琪組

山西博物院陳列以「晉魂」為主題，由文明搖籃、夏商蹤跡、晉國霸業、民族熔爐、佛風遺韻、戲曲故鄉、明清晉商等7個歷史文化專題和土木華章、山川精英、翰墨丹青、方圓世界、瓷苑藝葩等5個藝術專題構成，是山西最大的文物徵集、收藏、保護、研究和展示中心。通過三維採集技術提取文物紋飾、色彩等元素，打造數字文創IP，如在晉侯鳥尊展區設置互動設備弘揚傳統文化，將考古數據轉化為文創資源。同時運用VR和全息投影技術，細緻觀察文物並參與虛擬互動，突破了傳統展示限制，讓文物煥發新生，滿足公眾多元體驗需求。





晚餐不忘留下回憶



夜遊古城別有一番滋味

6C 蕭文菁組

晉華宮國家礦山公園擁有悠久的採煤歷史文化和罕見的侏羅紀煤層地質奇觀，主要景點有煤炭博物館和井下探秘遊。煤炭博物館內設置了五個展館，從化石的形成到煤的應用，涵蓋了和煤有關的不同知識。遊客們能夠瞭解到關於煤炭與人類、礦山標本以及煤炭與文化各方面的內容。山西在2016年還成為了全球首個出租車全電動化的城市，政府開發的碳普惠平臺「三晉綠色生活」吸引民眾參與減碳，累計減碳18萬噸，積分兌換激勵綠色行為。



5C 陳愷盈組

山西文物保育堅持在保護中發展，傳承古城文化，堅守「保護為主、搶救第一、合理利用、傳承發展」的非物质文化遗产保護方針。歷史建築保持原高，尊重主體，尊重歷史。城牆的修繕工程沿用宋代《營造法式》里記載的「槓乾築牆法」，將黃土與生石灰按照3:7的比例配制夯土料，既保證了夯土的強度又可呈現城牆的原貌。而現時香港部分歷史建築或法定古蹟已日久失修，實行保育或修復工程時，部分建築結構或特色可能已無法保存。如一級歷史建築「永和號」已有130年歷史，但因建築結構狀況不理想而要做緊急結構鞏固工程，一些原有建築特色元素無可避免要移除，山西的文物保育之道值得香港學習！



城樓上留下青春足跡



與驚喜禮物合照



導遊在雁門關突然拿出神秘禮物！

來澳門，開啓一場美食與暢行的精彩之旅！

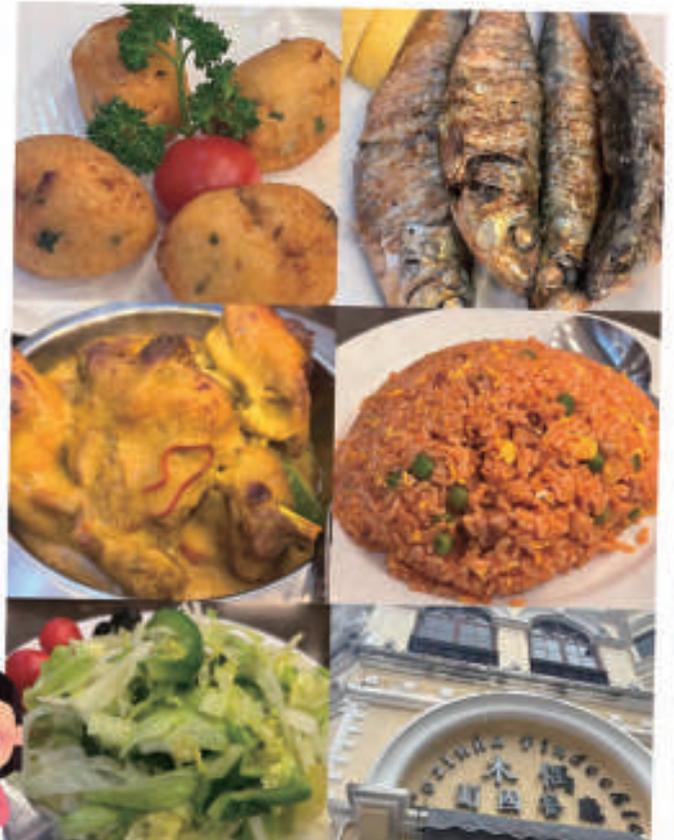


澳門兩日一夜交流團 文化及生活體驗



澳門輕軌以一條主線連接澳門半島至氹仔，極大地提升了出行的便捷性。輕軌採用無人自動駕駛技術，實現自動化運行，整體設計極具現代感，車內配備空調及無障礙設施，安靜舒適。憑借便捷的出行體驗，全方位提升了旅遊體驗，讓旅客能更輕鬆地遊覽澳門各處景點。此外，輕軌大幅減少碳排放量，積極實踐環保理念，這吸引了更多具有環保意識的旅客前來澳門，為城市的可持續發展注入新活力。

澳門曾受葡萄牙統治，形成了多元文化交融的特色，木偶餐廳就是其中一個典型例子。餐廳裝潢將傳統與現代風格巧妙融合，葡式精緻藝術品隨處可見，處處散發著獨特的葡國風情。在這裡，旅客能品嚐到地道的葡萄牙料理。每一道菜品都承載著葡萄牙獨特的飲食文化，是澳門多元文化的味覺體現。無論是多卵魚、青口，還是葡式包、葡式炒飯，都讓人在大飽口福的同時，感受到澳門文化的魅力。



澳門之旅雖然只有短短兩天，但我們的行程非常充實。其中最為特別的是澳品薈，雖然它的位置並不起眼，也不是熱門的旅遊景點，但它售賣的產品卻是澳門本地品牌產品，充滿了澳門特色，成為一扇讓旅客深入了解澳門特色文化的窗口。而最讓我喜歡的便是「木偶餐廳」的葡國美食，可謂是舌尖上的驚喜，叫人欲罷不能。與此同時，澳門輕軌也帶來便捷的出行體驗。澳品薈展現的澳門特色文化，木偶餐廳的葡國美食，再搭配上輕軌的便捷體驗，三者相互交融，為澳門增添獨特魅力，令人難忘。

路氹城酒店群

在旅遊與款待課上，我們曾從酒店的產權學過酒店內部的運作，可說是由書本的角度把酒店研究了個透，從規模經濟、管理合約到酒店代碼……我們都倒背如流。然而書本怎能和生動的酒店作對比？我們始終無法靠文字想像出酒店的宏大，於是，便有了這次的澳門團，讓我們看看現實的前堂部是什麼模樣的，各種設施是如何運作的，每個員工又是怎樣工作的？

澳門巴黎人

澳門巴黎人酒店坐落在澳門的新地標——仿真的埃菲爾鐵塔，而鐵塔每晚亦會定有時點亮璀璨的燈光秀，令整個地方充斥著浪漫之都的甜蜜氣氛。

另外，巴黎人酒店的購物中心林立各種法國精品品牌的免稅商店，如 Mardi Mercredi，讓旅客除了感受到巴黎的浪漫，亦能置身於豪華的購物天堂，從中獲得極大的滿足。

巴黎人酒店希望為顧客提供難忘的法式住宿體驗，將法國情調融入於酒店客房及套房當中，如歐式牆面設計，客房的法國名畫，部分客房更能直接坐擁巴黎鐵塔光景，為顧客留下深刻而美好的回憶。

更吸引的是，除了法式裝修風格，酒店餐廳也提供法國菜，如香煎法國鵝肝（Foie Gras）、法式焦糖布甸（Crème Brûlée）等，除了舒適的客房和酒店服務，顧客亦能感受法國菜的魅力，大快朵頤，感受法國風情。

澳門倫敦人

倫敦人酒店的裝修走歐洲奢華風格，酒店的光線明亮、裝修華麗、樓底高挑，加上有大大小小的雕塑和藝術品作點綴，增添藝術氣氛，給人奢華的感覺，猶如身處歐洲。酒店內設有多個地標供人四處遊覽欣賞，加上酒店內豐富的設施，光是泳池就有5個，而且酒店也設有多個活動和表演，如：皇家衛兵換崗。酒店內更設有大型購物商場，裏面有不少國際大品牌，如LV、Apple，可以滿足住客購買慾，也可在商場內享受各國美食，讓人回味無窮。與此同時，酒店內亦有多間餐廳，由名廚主理，可以為住客帶來高質素的食物。例如由淮揚菜非物質文化遺產傳承人——周曉燕大師主理的淮揚晚宴。這些服務和設施令住客可以不踏出酒店半步，就能被滿足一切需求。其極致的賓客體驗也奠定了倫敦人酒店的行業地位，吸引了大批來自休閒旅客。



01

澳門，這塊中外文化交融的瑰寶，宛如一幅細膩的水彩畫，每一筆都勾勒出歷史的深邃與現代的繁華。日照時，古老的葡式建築與中式廟宇交相輝映。夜幕時，燈火輝煌的賭場與靜謐的漁人碼頭又共同編織出一幅夢幻般的畫卷，似是讓人沈醉在這座城市的獨特魅力之中，無法自拔。

02

看到華麗的酒店，吃了可口的葡國菜，逛過古老的街道，這趟旅程的見聞固然令人難忘。但更重要的是和身邊夥伴一起的時光，他們的笑聲仍猶在耳，成為旅程中美好的回憶。

04

威尼斯人、倫敦人及巴黎人酒店，以一種與傳統酒店完全不一樣的形式及風格，帶動旅客消費之餘，又能配合博彩業，將酒店的規模與服務做得如此完善，令我留下了深刻的印象，增廣見聞。

酒店宏偉壯麗，內呈巴洛克之風，雕琢精巧，藝術之韻盈溢其間，其間多設珍奇奢品之肆，令人目眩神馳，此行使予悟澳門之所以招徠四方賓客，蓋因其獨樹一幟之風采，亦令予察其經濟承载力，大開眼界。

大灣區 職涯探索之旅



參觀廣州市文化館新館

「大灣區職涯探索之旅」廣州兩天團由香港特別行政區教育局主辦，旨在讓高中同學親身體驗大灣區的行業最新發展與人才需求。行程首日重點聚焦於創新科技與青年創業，上午參觀天河港澳青年之家，了解其作為港澳青年融入大灣區的重要平台，並探討廣州在創新科技領域的機遇與挑戰；而下午走訪如廣汽科技館，認識大灣區多項有關汽車的前沿科技發展，從無人駕駛、記憶泊車到最新的儲電池系統均一應俱全，並思考香港與內地在經濟與技術等方面的合作潛力。晚間同學透過與帶組老師陪同下進行反思，學生總結並分享所見所學，深化對職涯發展的認識。

第二天行程轉往南沙，上午參觀創匯谷粵港澳青年文創社區，參觀當地的文創產業與青年創業，並與當地文創企業家交流。下午則體驗南沙智慧城市設施，包括智能圖書館與無人駕駛技術，深入了解政府如何透過文化與科技建設推動城市發展。整趟行程不僅擴闊了同學對大灣區發展機遇的視野，更激發同學對未來在內地升學、就業或創業的興趣和加深同學對大灣區發展的認識。



Visit to GAC Technology Museum (廣汽科技館)

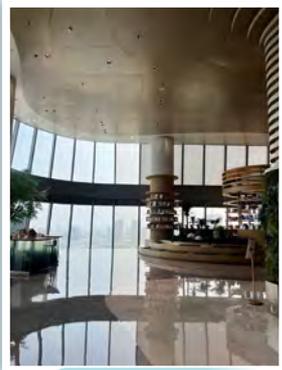


5A 廖家悠

這次的大灣區職涯探索之旅讓我印象最深刻的是大灣區無窮的發展機遇和多元魅力。見證著新穎和日漸成熟的人工智能系統，例如南沙智能圖書館，和有著無限潛力的青年創業團隊，讓我大開眼界，就似在公民與社會書本裡的「大灣區很多發展機遇」的字樣變成了在眼前出現的美景和對未來的憧憬。這次的體會不單曠闊了我對職涯的眼界，更激發我對未來發展路向的嚮往。



廣汽科技館



廣州國際金融中心

5A 陳子晴

參加本次廣州交流團，可謂令我收穫滿滿、獲益良多。考察中，瀝滘淨水廠的先進污水處理技術令人歎為觀止，讓我認識到環保文創融合產業的發展軌跡；而文化館新館、南沙圖書館等場館，則展現了大灣區文化創意產業的魅力，傳播文化的同時也促進港澳青年之間的文化交流。此次職涯探索之旅更讓我親身領略到大灣區的多元文化與發展機遇，讓我對未來的生涯規劃有了更清晰的認知。



廣州文化博物館

參觀南沙IFC港澳青年創新中心

5A 文芷瑤

是次交流團為我留下深刻印象。在南沙穗港鏈青創中心俯瞰了廣州的出口海港以及空中圖書館；在國際人才港洞悉了南沙的經濟發展；在廣州文化博物館感受了嶺南文化的獨特魅力。其中的講解令我們對大灣區青年創業環境、政策、機遇和挑戰有更深認識，為我們對未來升學和就業訂立目標帶來方向。



南沙圖書館



參觀南沙國際人才港



網紅街



瀝滘淨水廠



參觀南沙圖書館

公民科內地考察團

韶關



本次公民科內地考察以「韶關丹霞文化」為主題，引導學生實地走訪丹霞山、風採樓等地，親身體驗中華文化的深厚底蘊與現代發展。學生透過檢視世界自然與文化遺產的保育活化實踐，深入理解生態保護策略與成效；並參訪鋼鐵企業，探討傳統產業如何回應國家智慧製造與永續發展策略。活動旨在多角度促進學生對國家歷史、文化、科技發展的全面認識，增強國家情感與認同，拓寬視野，建立正面價值觀，豐富學習經驗。

丹霞梧桐美景

學生考察報告及感想

同學參觀韶關府學宮時紛紛許下對未來的祈願



彩虹煙囪裡排放的竟然不是廢氣，而是水蒸氣！



韶關鋼鐵廠位於華南礦產富集區，自「三線建設」時期便肩負保障區域鋼鐵供應的重要使命。近年來，韶鋼積極響應國家智慧製造與綠色發展的戰略要求，大力推動技術革新與環保轉型。

廠內設立「工匠空間」，由資深工程師帶領團隊開展技術攻關與科研創新，並建成鋼鐵行業首個「5G+工業互聯網」平台，整合生產、管理與銷售全流程數據，實現智能化管控，展現傳統工業與數位科技的深度融合。

此外，韶鋼投入大量資金建設廢氣、廢水處理系統，實現超低排放，實踐工業生態文明概念，推動企業朝向綠色低碳轉型，充分體現國家永續發展策略在重工業領域的落地與實踐。

丹霞山以永續實踐為核心，秉持著對生態規律的敬畏，守護著這片稀缺且不可再生的丹霞地形。其紅色砂礫岩層記錄了白堊紀以來的地質演化，被譽為全球丹霞地形的「天然實驗室」，具有重要的科研價值。

地表侵蝕痕跡構成天然生態廊道，成為亞熱帶生態系的縮影。這裡生物多樣性豐富，是穿山甲、丹霞梧桐等瀕危物種的重要棲息地。透過設立核心保護區、三維監測系統、限制遊客活動及修復退化林地等策略，丹霞山原生植被覆蓋率五年內提升12%，森林覆蓋率超過80%，成功重建了完整的亞熱帶常綠闊葉林生態鏈。

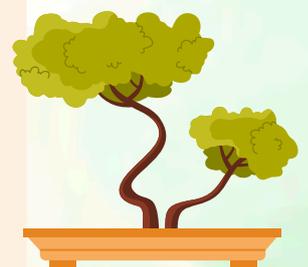
景區內設有多處生態監測站，即時追蹤物種變化，維護生態系完整性，使丹霞山成為南嶺地區重要的生態屏障。



韶關鋼鐵廠內環境整潔，而且十分重視職工的安全



師生一起品嚐特色韶關美食



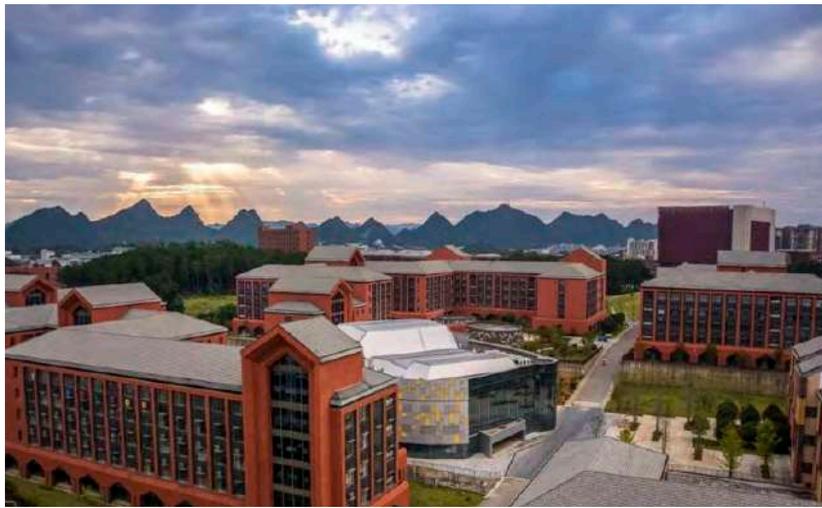
多彩貴州



創新科技之旅



本年度，本校兩位同學參加了由香港青少年發展聯會主辦、民政及青年事務局和青年發展委員會資助的「多彩貴州——創新科技之旅」。是次活動以「科技」與「創新」為主題，同學們通過科普講座認識「智慧製造」，並實地走訪遵義大數據中心及「中國天眼」等國家級科技基地，深入了解我國在創新科技領域的發展與成就。此外，行程亦安排了與當地大學及企業交流，有助同學緊握大數據時代的趨勢，進一步認識國家的科技發展。



東華三院中學聯校北京姊妹學校交流團



東華三院中學聯校北京姊妹學校交流團在4月13日至17日舉行，我校十位中四同學作為代表，聯同另外三校師生，參觀了北京的多處名勝古蹟，並拜訪了兩所北京姊妹學校，交流學習，收穫良多。

4A 殷凱晴

這次北京之行，最難忘的是走訪姊妹學校的時光。踏入中關村中學的周恩來勵志館，「為中華之崛起而讀書」這句鏗鏘誓言深深震撼了我。當甲寅同學記下這句話時，彷彿時空交錯，讓我真切感受到了少年周恩來那份赤誠的愛國情懷與遠大抱負。

在清華附中，我們不僅走進教室與當地同學共同學習，更體驗了獨特的住宿生活。從活躍的課堂氛圍到特色的宿舍制度，每個細節都展現出兩地教育的差異。那個夜晚，新奇與收穫在心中交織，成為此行中最珍貴的回憶。

這段校園體驗，讓我在親身體驗中收穫了新知，更在心底埋下了思考的種子。



4C 柯潤恩

復活節期間，我隨東華三院聯校北京交流團，走訪中關村中學與清華附中，體驗了別開生面的學習方式：從文言文的深度解讀，到多角度議論文寫作；從生物細胞的奧秘，到親手繪製錦繡山河。每一課堂，都令我沉浸其中，獲益良多。

漫步清華校園，陽光灑落草地與學子臉龐，我眼中彷彿也映照出理想星光，激勵我持續前行。我追隨柳絮，感受京城古今交融的韻致——什刹海與模式口的古樸商業並存，三里屯低調而現代；牡丹與桃花爭艷，紫禁城紅牆碧瓦生輝。這場交流，是一趟與歷史、人文的美好邂逅，令人回味無窮。

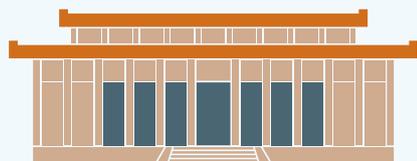


在iCentre專注聆聽講解



在清華大學與學長歡聚

★ 清華大學



在清華學堂留影

探訪清華附中



清華附中黨委書記曹海翔熱情招待本校師生

4D 李好

去年十一月與北京學子在 Dreamland 初逢，今年四月我們緣續北京。甫下飛機，呼嘯的大風宛如一場熱烈的歡迎儀式。首日遊覽什剎海與南鑼鼓巷，北京空氣雖乾燥，但這片土地上卻生長著最濕潤的人情。

清華附中與中關村中學的師長們親切地喚我們「孩子」，一聲拉近京港距離；精心準備的紙雕燈紀念品，更承載著濃濃情意。這份熱情如冬日裡剛沏的花茶，在乾燥空氣中格外溫暖。

短短五天四夜，我們走過首鋼園、故宮、三里屯等地，見證古都灰瓦與高樓並立，歷史輝煌與當代活力交融。此行不僅開闊眼界，更在心中留下永恆的溫度。



東華三院師生到訪清華附中永豐學校



與清華附中上地學校學生一起跑步



在清華附中本部交流

北京觀光



什剎海風景怡人



參觀百度無人駕駛基地

探訪中關村中學



中關村中學書法體驗



參觀中關村中學，難忘一刻



中關村中學生物標本館



聆聽周恩來總理的勵志故事

兩地學生在北京市中關村中學重逢





師生征戰大理蒼山，踏雲海、穿林蔭，
海拔再高，也擋不住我們探索世界的熱情！



學習紮染

滇池留影



雲南文化考察團

本校學校發展組聯同公民與社會發展科及中文科，於本年六月試後活動期間舉辦了「雲南文化考察團」，活動透過實地考察與文化交流，讓學生可親身體驗當地的名勝風景，品嚐地道美食，深入了解雲南的歷史、人文及自然風貌，增進對中國多元文化的認識，感受雲南的文化底蘊，並與當地學校進行交流，促進文化互動與學術分享，同時培養對文學創作及文化研究的興趣。



登玉龍雪山，空氣比較稀薄



背景是藍月谷下的白水河，灰白色河床與藍綠湖水形成鮮明的對比。



篝火晚會後，納西族爺爺送贈親手所寫獨家東巴文書法



中二級「同根同心」

香港初中學生內地交流計劃 廣州的中式建築及其歷史文化之旅

嶺南文化博大精深，廣州歷史悠久，與香港淵源甚深。在秦代，廣州、香港同屬南海郡番禺縣。在現代，兩地同屬粵港澳大灣區，關係密不可分。

本年四月，本校老師帶領全級中二百多名同學到廣州參觀當地中式建築，藉此學習嶺南歷史文化。在兩日一夜的旅程中，學生先後參觀了廣州的不同的名勝。嶺南印象園的「鑊耳屋」，城隍廟的判宮塑像，西關大屋的彩色滿洲窗，陳家祠的木石磚雕，廣東省博物館的奇珍異寶，都是一本本妙趣橫生的立體書。民間導人向善的信仰，宗族團結相助的親情，貴婦優雅寫意的生活，無不令人心馳神往。行程緊密，同學們走馬看花，或許未能盡識羊城深厚的文化底蘊，但總能啟迪心智，於情於識，多有裨益。



共遊共學 青春回憶



城隍古廟 導人向善

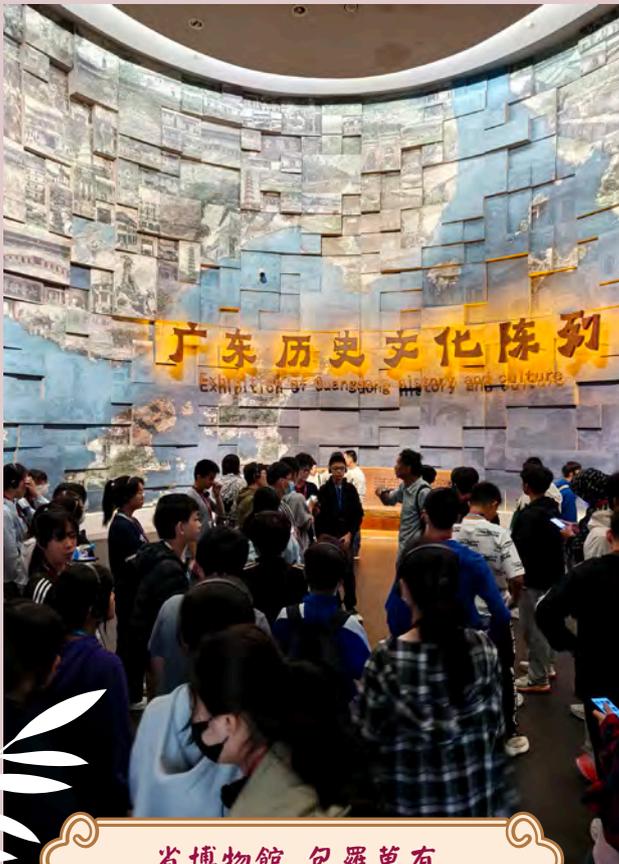




陳氏書院 鬼斧神工



西關大屋 夢回民初



省博物館 包羅萬有



嶺南印象 古色古香

走進首都·書寫中國

2025

香港青少年文化交流營
系列之四（北京站）



宏偉的天安門



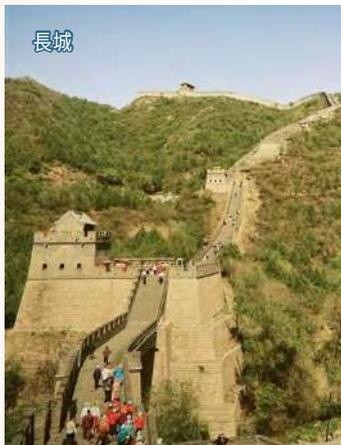
魯迅博物館裡的餘暉



觀看升旗禮



天下第一關：
長城居庸關



長城



北京大學未名湖



故宮的銅獸，龍頭銅龜



回程返回香港



中國國家版本館：寧靜致遠



北京大學博物館



與北京學生交流



忙裡偷閒



2025年4月20日至25日，來自香港的30位同學參加了由魯迅青少年文學獎香港組委會舉辦的「走進首都·書寫中國」的青少年文學交流營。在此前嶺南行、江南行成功舉辦的基礎上，參訪團師生們來到首都北京，在為期6天的行程中，開啟一場古今交織的文化之旅。

此次行程安排緊湊，我們不但在中國國家版本館總館、「兩彈一星」紀念館、故宮和國家博物館，感受中華文明的深厚底蘊；亦登上居庸關長城，領略山河壯闊；打卡鳥巢、水立方等現代地標，漫步798藝術區、王府井大街，體會創新與傳統的激情碰撞；在中國兒童中心、北京大學，京港青少年通過豐富多彩的活動，深入交流，增進兩地學子同根同源的情誼。

“

5B陳品月

這次北京之行，是一場穿越古今的文化相遇。令我難忘的是在中國兒童中心與學生們暢玩飛花令，詩句流淌間盡顯少年意氣；凌晨立於天安門廣場觀看升旗，國歌響起的瞬間，肅穆與自豪油然而生。

我漫步於北大未名湖畔，感受百年學府的從容底蘊；也登臨長城，撫過滄桑磚石，遙想昔日的恢宏氣魄。在國家版本館與故宮，紅牆依舊，《永樂大典》墨香猶存，無聲訴說著歷史的重量。

然而，最讓我心潮難平的，是「兩彈一星」科學家們的事蹟。站在他們的手稿前，聆聽他們以一生許國的故事，我深深感動於那種用知識驅散迷霧、以生命奠基國家繁榮的擔當。

這一程，我走過了千年文脈。在歷史與當代的交會點上，我找到了身為中國人的根與驕傲。



全國賽區學生共同在頒獎典禮詩朗誦《中華少年》

2024-2025中國中學生作文大賽

旭日文學之星獎、全國一等獎



前往參觀，心情興奮

2024-2025中國中學生作文大賽香港賽區結果揭曉，本校5B班陳熙媛同學以作品〈流轉與永恆〉榮獲最高殊榮「旭日文學之星」，並作為香港代表晉級全國總決賽，勇奪全國一等獎！本屆大賽以「站在時間的河邊」為主題，香港賽區吸引逾8.8萬名學子參與。陳同學的作品以蝴蝶意象貫穿親情流轉，將外婆的老去與童年的遺憾，昇華為對生命永恆的哲思，文字輕盈而情感深沉，展現出成熟的文學感染力。四月中旬，陳同學於江西全國總決賽中，歷經即興筆試與現場演講的考驗，最終脫穎而出。頒獎典禮已於7月10日在香港中央圖書館隆重舉行。

期待陳同學繼續以筆織夢，在文學道路上綻放更耀眼的光芒！



總決賽筆試現場



參加《人民日報》原副總編輯梁衡「文章五訣」專題講座，深入淺出地講解了形、事、情、理、典的寫作技巧



頒獎嘉賓：大賽組織委員會副主任汪元、香港賽區籌委會副主席余非女士及籌委會秘書劉國輝先生



參觀南昌八一起義紀念館

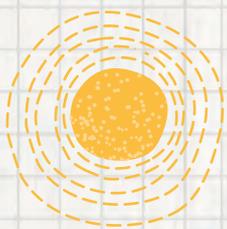


滕王閣內部建築

5B陳熙媛

《在遊中學，在學中悟》

這次全國中學生大賽，是一場融合學習、文化與友誼的深刻體驗。賽事包括即時筆試與三分鐘即場演講，不僅錘鍊了我的臨場應變與組織能力，更讓我感受到各地學子以文會友的熱忱。勝負之外，更珍貴的是與全國同好共鳴的文化時刻——我們齊誦《中華少年》，同遊滕王閣並齊背《滕王閣序》，也在南昌八一起義紀念館中，將紅色記憶化為勵志課堂，深化家國情懷。此外，聆聽梁衡先生講授「文章五訣」，更讓我獲益匪淺。最終，香港賽區榮獲「公平賽區」獎，肯定了我們對比賽的投入與人文素養，也令我們倍感自豪。這場旅程遠不止於競技，更是一堂行走的課堂，開闊視野，深化文化認同，也將支持我在文學之路上，步履不停。



寧夏



西夏王陵內其中一座陵墓實體

「愛我中華」青年大匯聚火車團 2025: 寧夏自然資源與環境保育探索之旅

很榮幸能在這次交流團中，造訪寧夏回族自治區與八朝古都河南。作為一個長期生活在南方的孩子，我見過雪，卻是我第一次親眼目睹、親身感受一片無垠的沙漠。然而，沙漠本身並非最特別的，真正讓我驚豔的，是寧夏生態系統的多樣性——從城市、平原，到沙漠、森林，寧夏是我國唯一匯聚了除海洋以外所有生態系統類型的地方。

而文化底蘊濃厚的河南，則是我這個「歷史迷」的至愛。在河南博物院，我隨著導覽的腳步，參觀了一個關於古代中國器具演變的展覽。最讓我感到震撼的，是當我們走到周朝末期時，我看到一套屬於當時諸侯的禮器。九個鼎？眾所周知「天子九鼎」，而一位諸侯竟敢僭越禮制，使用九鼎。教科書中輕描淡寫的「禮樂崩壞」，就這般鮮活地展現在我眼前。

這趟旅程讓我深刻體會到保護生態環境的重要，也明白了教科書上那些看似遙遠的文字，其實近在咫尺。有機會的話，不妨也出去親身感受一番。



浩瀚無垠的沙坡頭沙漠



西夏陵博物館——中國首座以西夏王陵為背景的國家一級博物館



位於河南開封依照《清明上河圖》為藍本11復原再現的主題公園——清明上河園



河南博物院的「九大鎮院之寶」之一——綴玉面罩



與組員完成麥草方格種植(防止沙漠化措施)後圍出星星手勢慶功



與交流團認識的朋友們在返程高鐵上的合照



西夏陵博物館中西夏王朝陵墓內部的複製場景



English Immersion Summer Tour 2025: A Journey in Culture, Creativity, and Camaraderie in Cambridge.



Overview of the Immersion Program

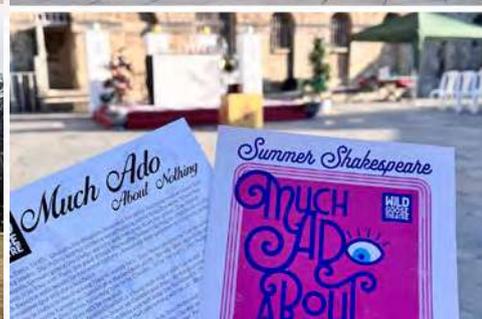
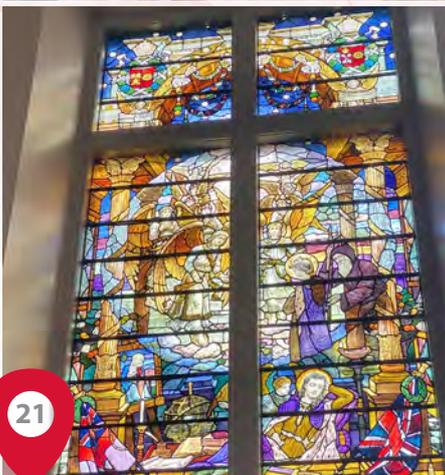
This year's Immersion Summer Tour took students to the historic county of Cambridge, nestled along the scenic River Cam and home to the world-renowned Cambridge University. The 12-day adventure included a brief but exciting stopover in London, adding a cosmopolitan flair to the itinerary.

Tour Highlights

From punting on the river to singing traditional songs, the tour was packed with enriching and unforgettable experiences. Highlights included a magical visit to the Harry Potter Museum, a breathtaking tour of Christ Church in Oxford, and an immersive city walk through Oxford's storied streets. Students also engaged in drama rehearsals for Shakespeare's *Much Ado About Nothing*, culminating in a captivating live performance that showcased their talent and dedication. Despite the packed schedule and intensive training, every student rose to the occasion, delivering a stellar performance that earned them certificates and heartfelt accolades.

Beyond the academic and artistic pursuits, there was plenty of time for leisure and bonding like souvenir shopping, indulging in international cuisines, and capturing countless photo-worthy moments.

The tour was not just an educational journey—it was a celebration of growth, creativity, and shared memories that will last a lifetime.





Students' Testimonials



This trip to the U.K. made my life rich. My favourite activity was punting. On the boat, we all enjoyed the fascinating scenery and felt the summer breeze. Another thing that impressed me was the drama lesson. Our teacher, Robin, who is full of passion taught us enthusiastically. To conclude, I had a wonderful time in Cambridge.

4D Suzy

"All the world's a stage,
And all the men and women merely players."
We laughed, sang freely, played with courage, enjoyed ourselves and tried to be the best in the U.K. This trip has truly refreshed me and reshaped me in many ways.

In romance, freedom, and extroversion, we have seen the brightest side of the UK. Yet much deeper layers were still waiting for to be explored in this marvellous country. There's so much to say, yet it feels like "much ado about nothing."

5D Starry



The trip to the UK was wonderful. Strolling through the streets of Cambridge immersed me in the local culture. We could really observe and learn a lot in a relaxed frame of mind.

4D Eva



The time I was on the study tour in the UK was wonderfully enriching. With my friends and teachers, I explored centuries of history in London and Cambridge. I also gained new knowledge and special experiences through drama and music lessons, while being inspired by traditions and architecture.

4B Kary

The exchange tour to the UK was an unforgettable experience. Punting on the River Cam, experiencing local cultures, singing in churches and playing games were novel experiences for me.

5A Jalen



The recent trip to the UK has been an unforgettable experience. Not only did I enjoy the breathtaking views in Cambridge, but the lessons throughout also broadened my horizons, especially in drama. It is surely a lifetime experience to step into the classroom in Cambridge.

5B Hugo



Visiting the UK is what I was hoping for...visiting the Harry Potter's studio and the well-known sites in London, taking classes at Cambridge University, sightseeing at Oxford University and watching Shakespeare's drama 'Much Ado About Nothing' in Oxford, were undoubtedly an unforgettable and meaningful experience.

The unique architecture in the UK was magnificent, and I felt like I was traveling back in time. New knowledge about music and drama was taught by professors that broadened my horizons and inspired me immensely.

4B Elizabeth



Penang, the Cameron (Malaysia)

2024-25 馬來西亞遊學團



3B WANG JIN YU

After a two-hour drive, a refreshing breeze greeted us as we arrived at a tea factory that has a history of ninety-five years. Upon entering, the aroma of tea filled the air, reflecting BOH's long-standing history. Standing on the terrace, we admired vast terraced fields of tea leaves harmonizing beautifully with the clear blue sky.

We then entered an Indian tea house, where a warm welcome awaited us. As brown tea poured into our cups, the caramel aroma exploded, the initial bitterness giving way to a rich, milky flavor—a delightful fusion of the diverse cultures of the Malay Peninsula.

On the souvenir street, the air was filled with the fragrance of durian and traditional delicacies. As dusk fell, we realized that the essence of travel is to bring the flavors of a foreign land into our everyday lives. During this tour, we not only learned about the deep history of Malaysian tea culture but also experienced the marvelous charm of nature.

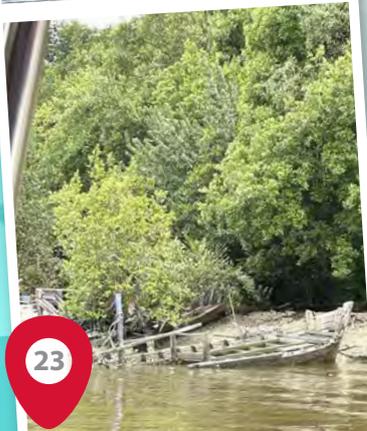


4D HOU KAN NI ISABELLA

Observations at the Fisherman's Wharf

As soon as I stepped onto the boat, a sense of weightlessness surged through me, as if I were floating off the ground. While moving, the refreshing sea breeze and the salty scent of the ocean became clearer, and my mind drifted with the wind, soaring through the clouds alongside eagles circling in the sky.

Dozens of eagles soared above the water; their sharp gaze closely fixed on the food being tossed beneath the surface. Fierce and agile, their wings gleamed with a metallic sheen under the sunlight. The shore was lined with lush green trees, reflecting off the shimmering water. Occasionally, the eagles swooped down as if preparing to seize their prey. In that moment, their explosive power contrasted strikingly with the tranquility of nature, showcasing the vitality and dynamism of life. As the cruise boat moved forward, an abandoned ship unexpectedly appeared along the bank. Its worn hull and decaying planks seemed to tell stories of the past. There was a time when it, too, might have sailed gloriously across the water. But as time passed, all that remained was its decaying frame. The scene was a poignant reminder that time moves inexorably forward, and that we must cherish every moment to truly honor the passage of time.





4A CHEUNG YIK KA

The morning in Ipoh was cool, and the delightful aroma of the hotel breakfast instantly lifted my spirits. As we drove up the mountain, urban landscapes transformed into endless tea plantations, with layers of green stretching to the horizon, occasionally dotted with red-roofed cottages.

At the BOH Tea Plantation, I witnessed the tea leaves being picked and processed for the first time. Inside the factory, the sound of machines was constant, while workers moved with precision and care, embodying the patience of traditional tea-making. I tasted hot tea—initially slightly bitter, but followed by a lingering sweetness, much like the journey itself, where fatigue from the uphill drive yielded to breathtaking views.



5D ZHANG ZIXIN

In “Between Life and Culture”

The Charcoal Workshop

Hot, dim, and choking—my first impression. Yet, I also saw something ancient and warm. What moved me most was the workers’ persistence and passion for their craft. The charcoal produced here is mainly supplied to Japan and local Malaysia. Despite the era of advanced technology, the workers took pride in their skills and cultural heritage, reminding me of the importance of preserving traditions. How can such a place not deserve our respect?

Sitiawan

At the fishermen’s pier, the sea breeze carried a salty, humid breath. Waves splashed on us, but excitement filled my heart. When the fishermen tossed out chicken, a flock of eagles swooped down like dark clouds, their wings flapping in a spectacular display. Here, the dynamics of nature took my breath away.

Taiping Zoo

Morning sunlight filtered through the leaves as we toured Taiping Zoo. Originally set for Orangutan Island, our itinerary changed due to safety concerns. However, seeing rare species like Malayan tigers and white-handed gibbons brought joy and reminded me of the importance of protecting all creatures.



FINLAND



Visiting a Finnish High School

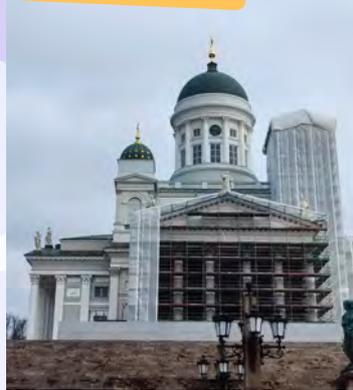
Finnish schools emphasize experiential learning, illustrated through activities like painting blessing stones and group singing. Students benefit from considerable academic freedom, balancing studies with leisure. An atmosphere built on trust and positive reinforcement fosters a relaxed and engaging learning environment—a contrast to Hong Kong's more rigid structure. This visit underscored Finland's commitment to fostering independence and holistic student development.



A Journey Through Time!

Finland was under Swedish rule for over six centuries before coming under Russian control in the 19th century. The country declared its independence in 1917, establishing a parliamentary system that fostered democratic governance and social stability. This foundation has been crucial for its evolution into a modern nation.

The Finnish Spirit!



Finnish society is characterized by its strong ties to the Evangelical Lutheran Church, with over 60% of the population registered as members. The Finnish Orthodox Church constitutes approximately 1.1%. This religious landscape profoundly influences cultural traditions and community values, thereby promoting social cohesion.

Experience Finnish Living



Finns deeply embrace their sauna culture, considering it essential for relaxation and socializing. Popular outdoor activities like hiking, skiing, and cycling reflect a profound appreciation for nature. Furthermore, a strong emphasis on gender equality is evident in family life, with fathers actively participating in childcare and sharing parenting responsibilities.



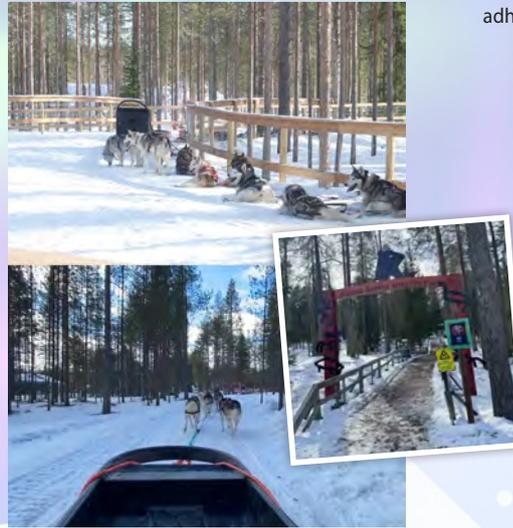
Santa Claus Village

Santa Claus Village is situated on the Arctic Circle in Rovaniemi, Finnish Lapland, attracting countless global visitors. Its unique appeal lies in the novelty of crossing this major geographical boundary, demarcated by a line at 66°33'07" North of the Equator, offering a popular photo opportunity for tourists.



Husky Park

Husky Park in Lapland showcases the historical transportation wisdom of the Laplanders. In the past, sled dogs were essential for hunting and transportation. This tradition has been preserved, allowing visitors to experience husky sled runs and enjoy a unique, immersive travel experience.



The Finnish Museum of Natural History (LUOMUS)

The Finnish Museum of Natural History (LUOMUS), founded in 1988, is a research institution under the University of Helsinki. Its exhibitions primarily focus on Finnish nature, global natural history, and the history of life. Importantly, all displayed specimens were obtained only after the animals died naturally, ensuring that the collection process adheres to ethical and conservation principles.



During our STEAM workshop, we carefully assembled a graphene model, meticulously joining each component to replicate its distinctive hexagonal carbon structure. Around us, classmates worked in quiet focus, adjusting angles and reinforcing bonds—turning abstract scientific concepts into hands-on discovery.



The Arctic Museum illustrated how Indigenous communities and wildlife have adapted to the "midnight sun"—a phenomenon of 24-hour daylight during summer. Exhibits highlighted cultural festivals and sustainable living strategies, while also acknowledging the growing threat of climate change to these delicate ecosystems, serving as a powerful reminder of our environmental duties.



At the Helsinki XR Centre, we put on virtual reality glasses and entered immersive digital environments—from urban planning simulations to professional training scenarios. This was not science fiction; it represented Finland's forward-thinking approach to education and industry, where technology seamlessly merges imagination with reality.



Spanning five floors, the Natural History Museum presented a striking contrast between Arctic specimens and tropical ecosystems, showcasing biodiversity across different latitudes. The exhibits powerfully highlighted how climate change endangers species survival, strengthening our commitment to pursuing sustainable solutions.

Theme Overview: Finland's Innovation Ecosystem

Finland's position as a STEM frontrunner stems from its collaborative model, merging hands-on learning with advanced technology across academia, industry, and government.



Study Tour Takeaways: Science You Can Feel

Finland's educational model excels by transforming abstract STEM concepts into tangible, multisensory experiences. Students handle Arctic ice, construct molecular models, and test simulations, making learning visceral and unforgettable. This philosophy proves that true innovation flourishes when education engages all senses, bridging theory and practice to inspire future innovators.



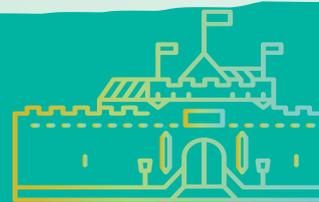


The Stunning Edinburgh Castle



Just landed in Edinburgh!

BEYOND THE BOOKS: Elite Students Embark on a Scottish Educational Journey



From April 12th-20th, our students embarked on a study tour to Scotland with other TWGHs schools. The trip aimed to provide a first-hand look at UK higher education and broaden cultural horizons. Participants visited renowned universities, joined English workshops, and immersed themselves in Scottish culture through exchanges with local students. Read on to discover their reflections and key takeaways from this enriching adventure!

The 9-day TWGHs study tour to Scotland was an enriching educational experience. Immersed in an English-speaking environment, we explored Scottish culture through museum and cathedral visits. The tour reshaped my perspective, especially learning that Scotland offers free university education to locals, highlighting its value of



An iconic Scottish statue with a playful hat.

education as a right. Beyond academics, visiting universities like Glasgow and St. Andrews provided insight into student life and traditions. I also forged cherished friendships with students from other Tung Wah schools. This journey greatly exceeded sightseeing, offering profound personal and academic growth.



A wonderful conversation with a St Andrews alumna.

My joint-school tour to Scotland was a joyful journey that broadened my horizons. I was immediately struck by the relaxed dining culture, where leisurely three-course meals encouraged conversation and boosted my confidence in speaking English. Visiting universities like St. Andrews revealed a supportive academic community and a flexible study system that allows students to explore subjects before specializing. Beyond the classroom, Scotland's breathtaking landscapes, such as the mirror-like Loch Ness, left me in awe. The trip deepened my cultural understanding and enhanced my English, leaving me with beautiful memories and renewed curiosity.



Enjoyed a pleasant English lunch with Ms Cheung and Nancy



The mysterious Loch Ness.

4D Zhao Nancy





Our Scotland tour featured legendary sites like Loch Ness and prestigious universities, combined with cultural exchange and English practice. A highlight was the V&A Dundee Museum, where I amusingly discovered the featured tartan exhibition matched the shirt I was wearing! Another memorable anecdote involved my roommate and I finding a mysterious door in our room. Upon opening it, we discovered it connected to our friends' room, revealing the two could be combined. We merged the spaces for a fun night working on a presentation. The entire experience was truly sublime.



5D Liu Kiwi, Kevin



My journey through Scotland was incredibly enriching. I explored stunning historical sites like the Crown Jewels and Aberdeen's maritime heritage, and was captivated by the breathtaking natural landscapes. A visit to universities, including a talk by a St Andrews alumna, provided great insight into the education system. The trip also included a surprisingly fun handbag workshop, where, thanks to a humorous instructor, I thoroughly enjoyed the creative DIY process. It was a rewarding experience that broadened my horizons.

4D Poon Sing Hon, Daniel



A tartan handbag, made by me.

Exploring the historic University of St Andrews.

This study tour was full of eye-opening experiences, but the university visits were an unexpected highlight. Though I initially didn't think much of them, I was stunned by their ancient campuses, unique traditions, and blend of architectural styles. The most memorable site was Edinburgh Castle, Europe's oldest castle. Learning about its history while viewing the city and the exquisite heavy Scottish Crown Jewels inside made it an unforgettable stop and the source of my favourite picture.



4E Zhang Kai Yuk, Tony



A visit to Edinburgh Castle.



An ancient tree at the University of St Andrews.



Where ancient stones meet nature

This trip to Scotland was a profound journey where myth and history enriched both mind and soul. At Loch Ness, the stunning landscape was brought to life by local folklore, while bonding with fellow photographers from another school broadened my perspective. In Edinburgh, the ancient castle revealed Scotland's royal legacy, and a conversation with a retired architect at the National Museum transformed my understanding of design, showing how tradition and innovation can coexist. Each experience made the trip uniquely unforgettable.



A memorable encounter in the museum

5B Yu Yihao, Andy



Concert-Indonesia



A Memorable Journey: TWGHs Joint Secondary Schools Choir at the International Choral Festival 2025



From July 26 to 29, 2025, students from TWGHs Secondary Schools, including TWGHs Kap Yan Directors' College, TWGHs Li Ka Shing College and TWGHs S.C Gaw Memorial College, embarked on an unforgettable trip to the Singapore International Choral Festival 2025. This experience not only enriched their musical talents but also fostered cultural exchange, personal growth, and lasting friendships.



photo with Conductor Gerald Tan of VOS children's choir



Concert - China - Liwan Children's Choir



Concert - Poland



Gardens by the bay



Merlion and Sands



Students enjoying the closing concert in the Landmark Esplanade concert hall



Landmark Jewel Rain Vortex

Outreach Performance at D'Marquee Downtown East

Our students showcased their talents with a performance at D'Marquee Downtown East. This event not only provided a platform for our young singers to share their passion for music with a wider audience but also to enjoy different voices from Indonesia, Chinese Taipei, Lithuania and Poland. The enthusiastic response from the audience was a testament to their hard work and dedication.



Cultural Exchange with Local Schools

One of the highlights of the trip was the opportunity for cultural exchange with local Singaporean schools. Students participated in joint rehearsals and workshops, fostering a spirit of camaraderie and collaboration. This interaction allowed our students to learn about Singapore's unique choral traditions while sharing their own experiences and techniques. Such exchanges promote understanding and appreciation of diverse cultures, broadening students' perspectives beyond their own communities.

Masterclass with VOS

The pinnacle of this exchange was the masterclass with the renowned vocal ensemble "Voices of Singapore - VOS". This exclusive session offered our students invaluable insights into advanced vocal techniques and performance practices. Under the guidance of an experienced instructor, Mr. Gerald Tan, we received personalized feedback, refining our skills and enhancing our musicality.

Cultural Awareness

Engaging with local schools and experiencing Singaporean culture firsthand broadened students' horizons. We learned to appreciate the beauty of diversity, which is crucial in today's globalized world. This cultural awareness fosters empathy and openness, traits that are essential for responsible global citizenship.

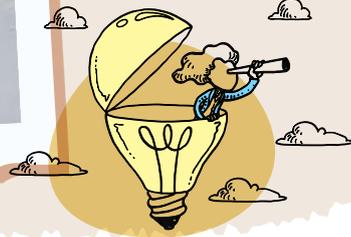


exchange with Singapore local school choir

廣州博萃德學校 中層教師教育 考察團



本校教師大合照



2025年6月6日，本校教師團隊參與了大灣區教育考察活動，前往廣州博萃德學校進行跨地域教育交流。充分體現了本校對推動教育創新與發展的堅定承諾，為提升學校整體教學實力注入了新動力。

考察伊始，考察團以博萃德學校的校園參觀拉開序幕。教師們深入了解到該校國際化的教學理念，更見識到先進設施，從現代化教學空間到多功能實驗室，無不體現其教育創新的實踐。本校教師高度評價該校結合大灣區特色的辦學模式，並從中汲取了諸多實用經驗。

隨後，教師們走進課堂，觀摩了英文、物理、ICT等多學科的教學環節，細致地觀察了內地教師的教學風格及創新的課堂設計。這些優秀教學案例不僅激發了本校教師的專業靈感，也為未來優化本校課程提供了寶貴參考。

午餐交流則進一步促進了兩地教師的深度對話。教師們在輕鬆氛圍中分享教學心得，熱烈討論教育在新時代下所帶來的挑戰及解決方案，為雙方的專業交流與提升搭建了橋樑。

通過參觀內地學校的辦學特色與教學實踐，不僅拓寬了本校教師的視野，還能從中反思自身教學，進一步提升專業素養，追求教學卓越。本次考察活動也展現了本校教師積極探索教育創新的精神，更為我校的發展奠定了堅實基礎。我們期待未來能與更多的優質學校展開合作，共促教育進步！



學校分享香港教育的情況



Belt and Road Initiative
Vietnam Study Tour



Save the Children's Youth Tokyo Cultural Exchange Tour



本校教師大合照



本地老師與內地老師交流教學



本地教師與內地教師共晉午餐



Dr Tony Chen 講述學校發展STEAM 教育的情況



內地教師教學課堂情況





參觀廣州暨南大學

東華三院：暨南大學中高層教師 國情教育培訓班

本年六月，東華三院屬下中學、小學、幼稚園及特殊學校約三十名老師參加東華三院——暨南大學中高層教師國情教育培訓班。在這5日4夜的行程中，老師們一同上課、參觀及互相交流，對國家不同範疇的發展和中華傳統文化有了更深入的了解。



參觀南越王苑



上經濟、文化、科技課



參觀廣汽埃安車廠

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